

May On Life Care



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10:15 Morning Weights 2 :00 Tea Time 2:30 Cross Word Afternoon	2 10:00 Fun with Dennis (Activities) 10:00 Art Therapy (Memory Care) 10:15 Morning Exercise 2:00 Tea Time 2:30 Quiz (residential sitting	3 10:30 Exercise Class 1:30 Spiritual Uplift (residential sitting room) 2:00 Tea Time 2:30 Cards & Dominoes (Memory Care)
6	7 10:15 Music & Movement Exercise 2:00 Tea Time 2:30 Bowling	8 10:15 Musical Exercise 2 :00 Tea Time	9 10:00 Fun with Dennis (Memory Care) 10:00 Art Therapy (Life Care) 2:00 Tea Time	10 10:30 Exercise 1:30 Spiritual Uplift (res. sitting room) 2:00 Tea Time 2:30 Boccia Ball
13 10:00 Hymns & Praise (Life Care) 2:00 Tea	14 10:00 Fun with Dennis (Life) 2:00 Tea Time 2:30 Jepordy (Memory Care)	15 10:15 Morning Stretching 2 :00 Tea Time 2:30 Gernal Knowledge Quiz (Life Care)	16 10:00 Fun with Dennis (Activities) 10:00 Art Therapy (Memory Care) 10:15 Morning Exercise Tennis 2:00 Tea Time 2:30 Baking	17 10:30 Exercise 1:30 Spiritual Uplift (res. sitting room) 2:00 Tea Time 2:30 Afternoon Puzzle
20 10:00 Hymns & Praise (Life Care) 2:00 Tea	21 10:15 Morning Exercise 2:00 Tea Time 2:30-Hertiage Talk	22 Manicure Day	23 10:00 Fun with Dennis (Activities) 10:00 Art Therapy (Life Care) 10:15 Morning Exercise 2:00 Hat Show	24 Happy Bermuda Day 
27 10:00 Hymns & Praise (memory care) 2:00 Tea	28 10:00 Fun with Dennis (Life) Library Visit 2:00 Tea Time 2:30 Active Game	29 10:15 Corridor Walks 2 :00 Tea Time 2:30 Quiz Fun	30 10:00 Fun with Dennis (Activities) 10:00 Art Therapy(Memory Care) 10:15 Morning Exercise 2:00 Tea Time 2:30 BINGO	31 10:30 Exercise 1:30 Spiritual Uplift (res. sitting room) 2:00 Tea Time 2:30 Boccia Ball

